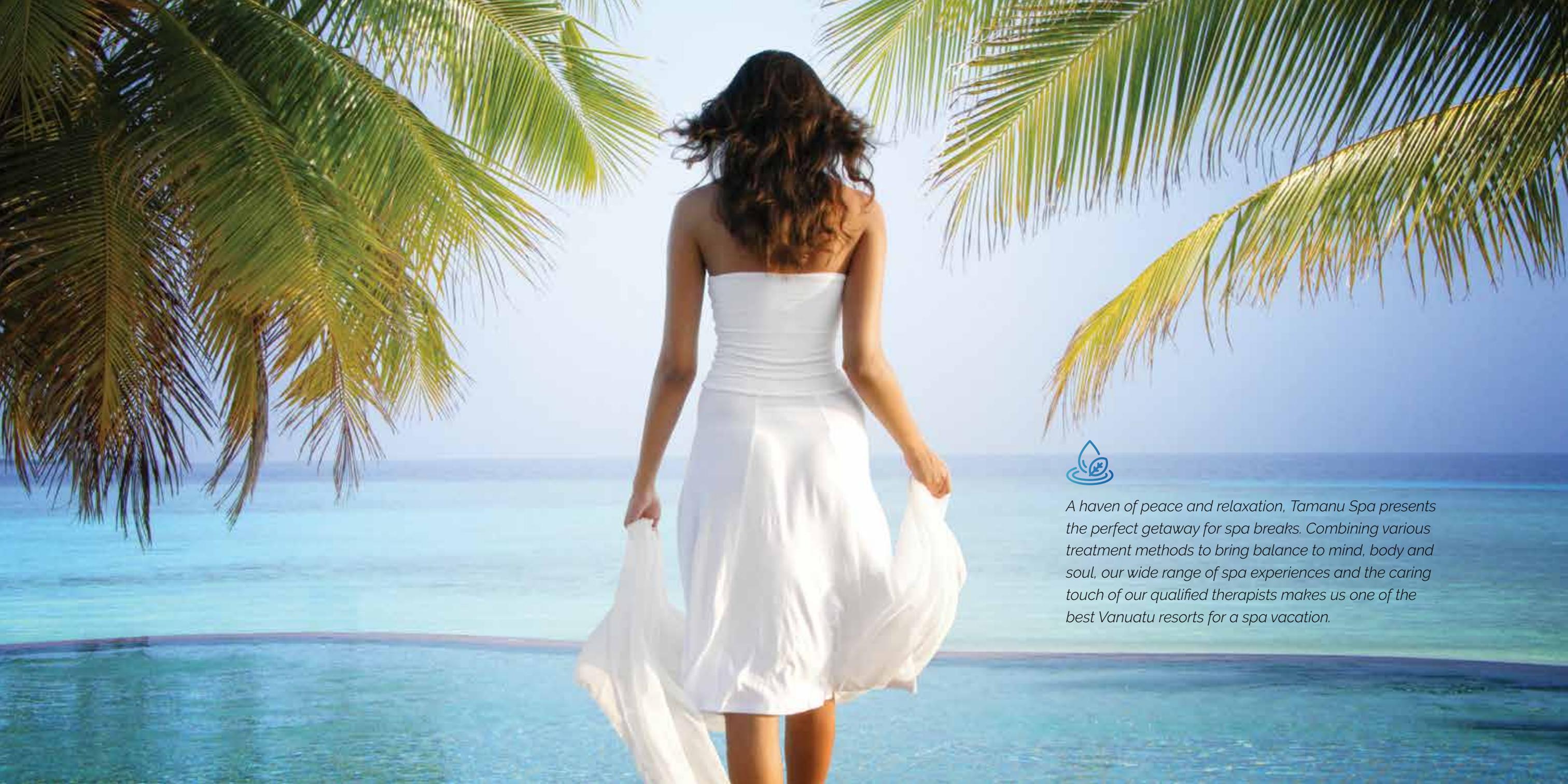




Treatment Menu & Day Spa Packages

Call 27279 - Extn 104 | Monday - Saturday 9am to 5pm



A haven of peace and relaxation, Tamanu Spa presents the perfect getaway for spa breaks. Combining various treatment methods to bring balance to mind, body and soul, our wide range of spa experiences and the caring touch of our qualified therapists makes us one of the best Vanuatu resorts for a spa vacation.



Our Tamanu Spa massages are designed to help you relax, indulge and soak up your island escape. Using beautiful aromatics your treatment will relax and soothe.

MASSAGES

AROMATHERAPY IMMERSION

30min / 4,000vt ~ 60min / 7,000vt ~ 90min / 10,000vt

Specially designed for complete relaxation, a perfect way to unwind & start your tropical escape.

Our aromatherapy massages have been designed to bring you the perfect result to suit your every need, from a medicinal purpose, mood, or for the beautiful aromas. Our concentrated oils are blended with enriched coconut oil to give your skin a refreshed and revitalised feel and youthful look. Your massage will be relaxing and soothing for the body and mind with beneficial results to make your stay with us a memorable one.

ENERGIZE & DETOX

60min / 7,000vt ~ 90min / 10,000vt

A body treatment to leave you looking good and feeling great.

Using our special blend of lymphatic and detoxing concentrated oils, this delightful massage will leave you invigorated and energised. If you are feeling sluggish and slow then this is the massage for you. Your therapist will concentrate on the lymphatic system regions of the body to help stimulate the bodies' elimination process. Unwanted toxins and blemishes not only make you feel bad but make your skin look dull. This massage will brighten up your complexion while giving you a healthier, refreshed and toned inner glow.

REJUVENATING TAMANU BODY BUTTER MASSAGE

60min / 8,000vt ~ 90min / 13,000vt

Start your holiday with our signature massage, a perfect way to relax and unwind.

A restorative & therapeutic massage. This is one of our signature treatments. Tamanu oil is valued for its healing properties, this highly aromatic oil is derived from a local nut tree and is used to give beautiful soft skin and to help clear many skin ailments and irritations. This massage is one of our most popular treatments and is the perfect way to relax and unwind to start your holiday.

Our Tamanu Body Butter has all of the finest ingredients, made in Vanuatu with Tamanu oil, cocoa butter, coconut oil and papaya. Available for purchase at our spa retail shop.



VOLCANIC HOT STONE MASSAGE

60min - back of body / 9,000vt ~ 90min - back & part front of body / 12,500vt ~ 120min - whole body / 16,000vt

An indulgent treatment perfect for easing away aches, pain and tension.

Volcanic hot stone massages work to relieve muscle soreness, with the application of heat and soothing massage. The warmth of the basalt stones as they glide over your body is truly amazing. Your therapist will work the stones into your muscles to help improve circulation, break down fibrosis and to help relieve tired and sore muscles.

BACK, SHOULDER, NECK & SCALP MASSAGE

30min / 4,000vt ~ 60min / 7,000vt

A massage to help you unwind from a busy day.

Your therapist will target those areas in your back, shoulders and neck that get stressed and tight. From the moment you lay down you will start to drift away and unwind to the wonderful aromas of our special oil blends. Escape the stresses of daily life and enjoy the sensation of relaxation.

TAMANU DELUXE FOOT MASSAGE

30min / 4,000vt ~ 60min / 7,000vt

A sensational massage to revitalise tired legs and feet.

Our feet deserve a little bit of luxury every now and then. Indulge in our special foot massage that will give your feet and lower legs the chance to bounce back with every vitalizing step. The hot aroma towels and foot oils will encourage circulation and release stress and tension in your feet. Start your treatment with our Tamanu sand and salt foot wash and then revitalise your feet with our peppermint foot cream or sports blend foot oil. This massage is a must for foot lovers and for those with tired and sore feet.





Treat yourself to a little pampering with a beautiful Tamanu facial. Awaken your skin and enliven the senses.

FACIALS

SUMMER SALT BODY RANGE

The Summer Salt Body Range of facial products are delightful and refreshing. The entire range is vegan friendly and not tested on animals. All of the summer salt body products are created using natural and organic ingredients. The range is handcrafted and inspired by the ocean, rich in plant based ingredients which all serve a purpose in nourishing your skin. Indulge your senses with some of the most beautiful clay masks, moisturisers, oils, toners and cleansers. Available for purchase in our day spa retail shop.

TAMANU ORIGINAL

30min / 5,500vt

A little bit of indulgence to refresh and awaken your face.

Our 30min facial with all natural ingredients from the Summer Salt Body range will leave you feeling relaxed. Enjoy the facial massage as your therapist softly nourishes your face, neck and shoulders with the ocean inspired ingredients. This little bit of luxury facial includes aromatic hot towels, cleanser, exfoliation scrub, hand massage, Vitamin E serum oil, face massage, toner and moisturiser.

TROPICAL FACIAL

60min / 7,000vt

Pure luxury to revitalise and nourish

Our 60min Tropical Facial with all natural ingredients is a combination of the Summer Salt Body range with the added benefits of fresh fruits, nuts and natural ingredients from our local markets. This facial has all of the wonderful components as our Tamanu signature facial but we have replaced the face masques with some special fresh components. Your facial experience will start with hot aromatic towels, cleanser, exfoliate scrub, fresh masque, cucumber to soothe the eyes, hand massage, Vitamin E serum, foot and lower leg massage, toner, eye cream and moisturiser, luxurious shoulder, neck, face and scalp massage.

Mask available:

Tropical paw paw mask and cucumber cooling treatment.

TAMANU SIGNATURE

60min / 9,500vt

60mins of pure luxury to rejuvenate and awaken the senses.

Our signature 60min facial with all natural ingredients is the ultimate in relaxation, a revitalising experience for the face with extra delights for the hands, feet, scalp and neck. If you are looking for a facial treatment with it all, then you can't go past our Tamanu signature 60min facial. Enjoy the organic clay masks as they revitalise your face and awaken the senses.

Your facial experience will start with hot aromatic towels, cleanser, exfoliate scrub, clay mask, cucumber to sooth the eyes, hand massage, Vitamin E serum, foot and lower leg massage, toner, eye cream and moisturiser, luxurious shoulder, neck, face and scalp massage.

Clay masks to choose from:

WHITE CLAY MASQUE

This pure White Clay Face Masque is calming, cooling and softens the skin. This is our most gentle facial masque which makes it ideal for sensitive and irritated skin, dull complexions and sufferers of Rosacea. Suitable for all skin types. Particularly good for dry or sensitive skin.

MEDITERRANEAN CHOCOLATE CLAY MASQUE

This mineral rich Chocolate Clay Face Masque is a must have for all chocolate lovers out there. It has wonderful anti-aging properties and is very beneficial for oily or impure skin. It purifies and detoxifies as it draws toxins, dirt and oil from your pores. This masque will also stimulate oxygenation and firming of skin tissues. Suitable for all skin types. Particularly beneficial for oily skin as well as mature skin.

SEA CLAY MASQUE

Sea Clay originated as mud laid down under the sea millions of years ago. It acts as a mild exfoliant and has detoxifying properties with a high mineral content. This facial masque will fight off free radicals that accelerate the aging process, and help to restore youthful, healthy skin. It will balance the moisture levels in your skin while giving you a deep cleanse and reducing the occurrence of acne. Suitable for all skin types and is an excellent detox treatment.



MENS FACIAL

30min / 6,500 ~ 60min / 9,500vt

A sensational face experience that every man deserves.

It's not always about the girls having fun at the day spa, men can also have that same little bit of pampering from time to time as well. We have some wonderful woody spice facial blends for the men so they can have vitalised and refreshed looking skin. Our men's facial will consist of the Summer Salt Body range with Volcanic Earth products.

Our mens facial includes aromatic hot towels, cleanser, exfoliation scrub, hand massage, Vitamin E serum oil, face massage, aftershave splash and moisturiser.

Summer Salt Body and Volcanic Earth products are available for purchase in our spa retail shop.





A perfect way to kick start your holiday. Enjoy one of our beautiful body scrubs followed by a 30min relaxing aromatherapy massage.

BODY SCRUBS

SEA, SAND & SALT INVIGORATOR

60min / 7,000vt

An invigorating and exfoliating treatment scrub followed by a relaxing aromatherapy massage.

Tamanu's special Sea Sand and Salt Invigorator is a body scrub to help remove impurities and exfoliate the skin while drawing out toxins from the body. This body scrub is sure to enliven your body and stimulate your mind.

Start your treatment with body gloves to remove dead skin cells, then our sand and salt body scrub will exfoliate and enliven your skin.

TAMANU'S SIGNATURE LAVA LAVA EXFOLIATE BODY SCRUB

60min / 8,000vt

A volcanic ash and coffee enriched body scrub to enhance your senses and rejuvenate your skin.

This wonderful body scrub with volcanic ash and coffee in green clay will have you feeling refreshed with beautiful glowing skin. Volcanic Ash provides a wide range of beauty and health benefits due to its anti-viral, anti-bacterial, and general purification, cleansing and exfoliating qualities.

Start your treatment with body exfoliation to remove dead skin cells, then the volcanic ash and coffee combination body scrub to nourish the body, remove impurities and enrich the skin.



TAMANU DAY SPA RITUALS

Prices are per person

HALF AND HALF PAMPER RITUAL

60min / 8,000vt pp

*Indulgence to enhance your senses, relax your body and enlighten your mind.
30min Aroma Indulgence Massage & 30min Deluxe Facial).*

Start your treatment with our 30min Aroma Indulgence massage to soothe your back, shoulders and neck using our concentrated oils that are blended with enriched coconut oil to give your skin a refreshed, revitalised and youthful look.

Now it is time to give your face a refreshing and vitalising glow with our Deluxe Facial. This 30min facial will nourish your skin to keep it healthy and rejuvenated. This little bit of luxury facial includes aromatic hot towels, cleanser, exfoliation scrub, hand massage, Vitamin E serum oil, face massage, toner and moisturiser.

TAMANU ON THE BEACH RITUAL

90min / 15,000vt pp

*Bliss out with our signature Tamanu on the Beach Ritual. A treatment to truly get you into holiday mode.
30min Sea Sand and Salt Scrub followed by a 60min aromatherapy treatment.*

Your treatment starts with a rejuvenating body scrub using sea salt and sand from our tamanu beach. Designed to remove impurities & detoxify the body. After washing away the salt scrub your treatment continues with a sixty minute aromatherapy massage with your chosen oil. Relax, unwind and sink into your holiday in the tropics.



TAMANU HARMONY RITUAL

120min / 13,000vt pp

60min Aroma Indulgence & 60min Revitaliser Facial

Start your 2hr treatment with our 60min Aroma Indulgence Massage Our unique oil blends will help to set you into the perfect mood to relax and unwind. Choose from our unique concentrated oil blends with enriched coconut oil to give your skin a refreshed, revitalised and youthful look.

Our signature 60min facial with all natural ingredients is the ultimate in relaxation. A revitalising experience for the face with extra delights for the hands, feet, scalp and neck. Your facial experience will start with hot aromatic towels, cleanser, exfoliate scrub, clay mask, cucumber to soothe the eyes, Vitamin E serum toner, eye cream and moisturiser, accompanied with a hand, foot and lower leg massage, luxurious shoulder, neck, face and scalp massage.

Choose from our White Clay Masque, Mediterranean Clay Masque or Sea Clay Masque.

ISLAND RITUAL

150min / 21,000vt pp

gomin Rejuvenating Body Butter Massage & 60min Tamanu Signature Facial.

An extremely luxurious 2.5hr treatment for a sensational relaxation experience. Start with your gomin Rejuvenating Body Butter massage, which will leave your skin luxuriously soft, with a glowing complexion. This Ayurvedic treatment has so many benefits for you and your body. Your therapist will work the warmed body butter into your skin and over your muscles to help give you the best therapeutic and relaxation experience in one.

Our signature 60min facial with all natural ingredients is the ultimate in relaxation. A revitalising experience for the face with extra delights for the hands, feet, scalp and neck. Your facial experience will start with hot aromatic towels, cleanser, exfoliate scrub, clay mask, cucumber to soothe the eyes, Vitamin E serum toner, eye cream and moisturiser, accompanied with a hand, foot and lower leg massage, luxurious shoulder, neck, face and scalp massage.

Choose from our White Clay Masque, Mediterranean Clay Masque or Sea Clay Masque.

TAMANU ENERGISE & INVIGORATE RITUAL

120min / 22,000vt pp

30min Sea Sand and Salt Invigorating Body Scrub & gomin Exfoliate, Energise and Detox Treatment

Start with the Sea, Sand and Salt Invigorator which is a fantastic body scrub to help remove impurities and exfoliate the skin. Once you have had your shower and you are back on the table for your exfoliate, energise & detox treatment with the body brushing to stimulate circulation, encourage elimination and break down fatty tissue. Our special energise and detox oil blend for your aroma massage will enhance your body to be invigorated and energised.

TAMANU VOLCANIC ASH & COFFEE BODY WRAP

120mins / 17,500vt pp

A volcanic ash and coffee enriched body scrub and wrap to rejuvenate your body, senses and enrich your skin.

This amazing body wrap with volcanic ash and coffee in green clay will have you feeling alive and refreshed with beautiful glowing skin. Start your treatment with body exfoliation to remove dead skin cells, then the volcanic ash and coffee combination body scrub to nourish the body. A warm bandage wrap draws out toxins. Next is our Tamanu Mini Facial while you are waiting for your body wrap to work wonders. Our mini facial is combined of our Summer Salt Body range with aromatic hot towels, cleanser, exfoliation scrub, Vitamin E serum, toner and moisturiser. Then enjoy your shower and finish your treatment with our relaxing Aroma Indulgence Massage.

Our volcanic ash and coffee scrub natural ingredients come from Volcanic Earth in Vanuatu. The Volcanic Earth range, have formulated this special blend for our resort to give you a unique experience. Our volcanic ash and coffee scrub is available for purchase at the spa retail shop.

ESCAPE TO PARADISE BODY WRAP

120mins / 17,500vt pp

This luxurious body wrap has it all when it comes to delightful, the amazing health benefits.

Using all the wonderful locally sourced ingredients of coconuts, limes and Nangae nuts which give your complexion a youthful boost. Your Escape to Paradise experience begins from the moment you walk through the door to be greeted with a bed of Lap Lap (similar to banana) leaves. Your therapist will begin this luxurious 2 hours with exfoliating body gloves to remove dead skin cells. Then experience the wonderful aromas of coconut and limes using the pulp, water and oil from coconuts.

Once you have been body scrubbed and massaged you will then be covered in the lap lap leaves to lock in the benefits of these ingredients. Time to relax your face with our special paradise escape facial. Your facial will begin with hot aroma towels, cleanser, exfoliation scrub, natural ingredients face mask with cucumber to soothe the eyes. Enjoy a relaxing scalp massage. Next shower and come back for your Aroma Indulgence Massage followed by toner and moisturiser to finish your facial. A scrumptious scalp massage to finish off.



ENERGISE, DETOX & EXFOLIATE

75mins - Full body treatment / 12,500vt pp

This body treatment will leave your skin zinging and smooth with a refreshed feel and sensational glow.

This delightful body treatment is the ultimate workout for your skin and lymphatic system. A fantastic zinging treatment that will invigorate your body while still giving you relaxing benefits. Kick start your treatment with removing dead skin cells with the exfoliating body gloves, followed by a sensational body brush to stimulate circulation, encourage elimination, and break down fibrosis and fatty tissue. Our special oil blend with your aroma massage will enhance your body to be invigorated and energised. If you feel like your body isn't performing well then you can't go past this stimulating treatment to give a healthier glowing complexion.

MENS PACKAGES

RELAX AND UNWIND

90mins / 12,500vt pp

60min back, shoulder, neck & scalp massage, 30min foot scrub or 30min men's facial

Start your 90min of manliness with our 60min Aroma Indulgence Massage to give your tired muscles some recovery time as your therapist works into your back, shoulders and neck with our special oil blends.

Choose from our mens 30min facial or 30min Foot Scrub

30min facial - we have a fantastic mens range from Volcanic Earth that will help to nourish and rejuvenate your skin. Your facial includes aromatic hot towels, cleanser, exfoliation scrub, hand massage, Vitamin E serum oil, face massage, toner and moisturiser.

30min Revitalising Foot Scrub - is the perfect way to revitalise your feet and stimulate your toes. Start your treatment with a foot wash, hot aroma towels, Tamanu's special blend of sand, black ash, Himalayan and sea salt foot scrub to remove dead skin cells and revitalise the feet, a foot and lower leg massage with our peppermint foot cream or our aroma sports oil blend, hot aroma towels.

VOLCANIC MAN

120mins / 18,000vt pp

60min Volcanic Hot Stone, 30min Revitalising Foot Scrub.

Start your 90mins of relaxing down time with our Volcanic Hot Stone massage. Your therapist will work the stones into your muscles to help improve circulation and help relieve tired and sore muscles. This is by far our most popular massage and a must to try if you have not experienced it before. The 60min Volcanic Hot Stone massage will include the whole back of the body.

Next is your divine foot and lower leg treatment. Start with a foot wash, hot aroma towels, Tamanu's special blend of sand, black ash, Himalayan and sea salt foot scrub to remove dead skin cells and revitalise the feet. Then a foot and lower leg massage with our peppermint foot cream or our aroma sports oil blend, hot aroma towels.



BRIDE TO BE PACKAGE

HENS DAY OUT

180mins / 18,000vt pp

60min Aroma Indulgence, 30min Deluxe Facial, 60min Manicure & Pedicure + a glass of bubbles

Our 3hr Hens Day Out is the perfect package to share with your best friends and family. Start your day with a glass of bubbles as you enjoy our unique foot wash. Then start your 60min Aroma Indulgence Massage. Our unique oil blends will help to set you into the perfect mood to relax and unwind. Choose from our unique concentrated oil blends with enriched coconut oil to give your skin a refreshed, revitalised and youthful look.

Now it is time to give your face a refreshing and vitalising glow with our Deluxe Facial. This 30min facial will nourish your skin to keep it healthy and rejuvenated. This little bit of luxury facial includes aromatic hot towels, cleanser, exfoliation scrub, hand massage, Vitamin E serum oil, face massage, toner and moisturiser.

Now it is time to have your hands and feet pampered. Your Manicure and Pedicure will see you leaving the spa ready for a big night out. 150min for mini or 180min for full Manicure and Pedicure.



COUPLES ROMANTIC PACKAGES

TAMANU PARADISE ESCAPE

140mins / 23,500vt pp

45min sea sand and salt, 90min energize and detox + a glass of bubbles

You will be greeted with a glass of bubbles on arrival while you enjoy your Tamanu foot wash and scrub. Start your 3 hours of total relaxing bliss with our unique volcanic ash and coffee scrub, which will have you feeling alive and refreshed with beautiful glowing skin. Volcanic Ash provides beautiful benefits for purification, cleansing and exfoliating, while the coffee is fantastic for elimination properties. This body scrub will give you amazing health benefits with a refreshed glowing complexion. Enjoy a shower to remove the body scrub and then it is onto your relaxing Aroma Indulgence Massage.

Our signature 60min facial for him and her with all natural ingredients is the ultimate in relaxation, a revitalising experience for the face with extra delights for the hands, feet, scalp and neck. Enjoy the organic clay masks as they revitalise your face and awaken the senses.



TAMANU ROMANTIC ESCAPE

180mins / 18,000vt pp

45min Lava Lava Exfoliate Scrub, 60min Aroma Indulgence, 60min facial + a glass of bubbles

You will be greeted with a glass of bubbles on arrival while you enjoy your Tamanu foot wash and scrub. Then be taken into our couples retreat to experience our body scrub with volcanic ash and coffee in green clay which will leave you feeling alive and refreshed with beautiful glowing skin. This unique body scrub blend will give your whole body maximum benefits to be healthier and rejuvenated.

A rainforest shower awaits you and then return to your retreat to start the next amazing 90min with our special blend of Tamanu Body Butter for your massage. Your therapist will work the warmed body butter into your skin and over your muscles to help give you the best therapeutic and relaxation experience in one.

To highlight your time with us you are now ready to have your face pampered. For her the Tamanu Deluxe Facial and for him the Mens Facial. A combination of our Summer Salt Body range and Volcanic Earth products.



PIKIINI SPA

From 6 - 12 years

Manicure - 25mins / 3,000vt

Pedicure - 25mins / 4,000vt

Massage - 30mins / 3,500vt

Angel Face - Facial / 3,500vt

Hair Braiding - 2000vt



MANICURE & PEDICURES

TAMANU MANICURE

60mins

This beautiful manicure commences with a hand soak to alleviate dry skin and condition even the driest of cuticles followed by a massage which will nourish and hydrate your hands. Includes cuticle care, hand soak, massage and paint in a polish or Shellac color of your choice.

Normal Polish	5,000vt
Shellac	6,000vt

TAMANU PEDICURE

60 mins

Indulge and relax with a foot soak to soften your feet followed by gentle exfoliation using a scrub of your choice and finish with a massage using a refreshing peppermint foot cream. Includes cuticle care and paint in a polish or Shellac color of your choice.

Normal Polish	5,500vt
Shellac	6,500vt
File and Polish	2,500vt / 20mins
File and Shellac	3,000vt / 20mins
Remove Shellac only	1,500vt
Little Princess Treatment	2,500vt / 20mins

REVITALISING FOOT SCRUB

30mins / 4,500vt

A perfect way to revitalise your feet and stimulate your toes.

Our feet need to be spoilt from time to time as they walk, run and do activities to get us around, so it only seems fair to give them the treatment they deserve. This divine foot and lower leg treatment will see your feet springing back into life with a splash of indulgence. Start your treatment with a foot wash, hot aroma towels, Tamanu's special blend of sand, black ash, Himalayan and sea salt foot scrub to remove dead skin cells and revitalise the feet, a foot and lower leg massage with our peppermint foot cream or our aroma sports oil blend, hot aroma towels. Leap out of the day spa ready for a night on the town.

Our Peppermint Foot Scrub and Peppermint Foot Cream are available for purchase at the spa retail shop.

GET THE MOST OUT OF YOUR TAMANU SPA EXPERIENCE

Arrival Time - Please arrive 15 minutes before your scheduled time, so you have ample time to relax and unwind with our herbal tea before your spa treatment. If you do arrive late and there is no appointment after yours, then you will be given full duration of your appointment. However, if another guest is waiting, then treatment will end at that guest's appointed time to avoid delay in their schedule.

What To Wear - Please wear what you will be comfortable in, either your own bikini or briefs. We also provide hygienic disposable briefs for those who would like them. Your comfort is our priority and our therapists are well trained with draping techniques to provide you with the utmost privacy and comfort.

During The Massage - Prior to a body massage, please let the therapist know the strength and pressure that you prefer. During the massage, if you would like more or less pressure, do not hesitate to let your masseuse know about the adjustment you would like.

Health Conditions - Please notify a Spa receptionist when booking treatments if you are pregnant, have allergies or any physical ailments, or disabilities. In accordance with international spa industry standards, certain medical conditions may prohibit the application of certain products and treatments. Accordingly, we will provide each guest with a medical questionnaire to be completed prior to your treatment which will allow our staff to tailor your treatment needs specifically for you.

Cancellation policy - We require six (6) hours notice for changes, rescheduling or cancellations for our a la carte services and a 24 hour notice for services that are part of the package. The full price of your service(s) will be charged for all late cancellations, rescheduling or no shows.

Service charge and gratuities - All prices are inclusive of 12.5% Tax, and are subject to change without notification. No other fee or charge is a tip, gratuity or service charge for any employee. Additional gratuities may be given at your discretion for exceptional service.

Hours - The Spa is open Monday to Saturday 9am to 5pm.



Note: To keep the serenity of the spa, we ask that you silence all mobile devices upon arrival.





Tamanu Spa - White Sands Road, Efate, Vanuatu

SPA RESERVATIONS | +678 27279 extn 104 | spa@tamanuonthebeach.com

OPENING HOURS | Monday - Saturday 9am to 5pm