



NAET THERAPY

60 min / 80€

NAET - Nambudripad's Allergy Elimination Techniques

It is a natural and holistic method for treating and preventing various allergies and sensitivities.

The goal of the treatment is to diagnose and identify the source of various sensitivities (physical or emotional) and then to treat the reaction that has occurred to those allergens. This is done by working on the nervous system, which creates a kind of restart for the system and allows the body to respond more effectively to that allergen.

The treatment is suitable for anyone of any age, is non-invasive, and is performed while lying down/sitting in fully covered clothing.

The process includes: a conversation to understand the reason for the visit, symptoms, habits, and getting acquainted with the individual's lifestyle and personal needs. Diagnosis involves checking the body for various allergens and the immediate need. This examination is conducted using the NST test, a muscle test from the field of kinesiology that assesses the muscle's response to different substances (its sensitivity to them). Treatment is selected based on the findings, and the work involves pressing on points (mainly on the back).