



# KIDS 'GONE TROPPO' VEGETARIAN MENU

11 years & under | 11am to 9pm

**FAMILY DINE TIME! 5-6pm daily @ The Rarotongan.**  
**Kids eating from the Kids Menu receive a FREE ICE CREAM!**

Please let your server know you are ordering from the Kids Vegetarian Menu

***Substitutes: dairy-free cheese, gluten-free & vegan pizza base,  
gluten-free bread, gluten-free pasta 2***

<b>Margherita Pizza</b> tomato sauce & melted cheese (v, vg*, gf*, df*)	<b>9</b>
<b>Vegan Pizza</b> mushrooms, DF cheese, GF vegan base (v, vg, gf, df)	<b>14</b>
<b>Nachos</b> beans, cheese & sour cream (v*, vg*, gf*, df*)	<b>12</b>
<b>Mac &amp; Cheese</b> (v*, vg*, gf*, df*)	<b>12</b>
<b>Cheese Toasted Sandwich</b> (v, vg*, gf*, df*)	<b>9</b>
<b>Pineapple &amp; Vegetable Fried Rice</b> (v, vg, gf, df) <b>(Add Sunny Side Up Fried Egg 3   Tofu 3)</b>	<b>12</b>
<b>Spaghetti</b> olive oil, sea salt, cheese (v, vg*, gf*, df*) <b>(Add Tofu 3)</b>	<b>9</b>
<b>Tempura Vegetables</b> (v, vg, gf*, df)	<b>12</b>
<b>Cheesy Rainbow Vegetable Skewers</b> (v, vg*, gf, df*)	<b>9</b>
<b>Fresh Garden Salad &amp; Grated Cheese</b> (v, vg*, gf, df*) <b>(Add Tofu 3)</b>	<b>9</b>
<b>Island Slaw &amp; Grated Cheese</b> (v, vg*, gf*, df*) <b>(Add Tofu 3)</b>	<b>9</b>
<b>Wilted Island Greens &amp; Grated Cheese</b> (v, vg*, gf, df*) <b>(Add Tofu 3)</b>	<b>9</b>

v – vegetarian | vg – vegan | gf – gluten free | df – dairy free  
\* - can be made to special dietary requirement



Island specialities



## KIDS 'GONE TROPPO' VEGETARIAN DESSERT MENU

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Please let your server know you are ordering from  
the Kids Vegetarian Dessert Menu

### **Banana Split** (v, vg\*, gf\*, df\*) 18

Chocolate, strawberry & vanilla ice creams, whipped cream,  
chocolate sauce, chocolate hail, strawberry wafer, chopped nuts,  
"hundreds & thousands" sprinkles, maraschino cherries

### **Pineapple & Banana Fritters** (v, vg\*, gf\*, df\*) 14

With a scoop of vegan coconut ice cream

### **Rainbow Fruit Skewers** (v, vg\*, gf, df\*) 12

With a scoop of vegan coconut ice cream

### **Trio of Ice Creams** (v, vg\*, gf, df\*) 9

A scoop each of chocolate, strawberry & vanilla ice creams  
*Please ask if you would prefer vegan ice cream*

## KIDS 'GONE TROPPO' DRINKS - 8

### **SODA SPIDER**

*~frothy fun~*

coke, sprite, fanta or  
raspberry soda, ice cream

### **SUPER SLUSHY**

*~super cool~*

giant sized blue lagoon,  
mango, lime or raspberry  
in crushed ice

### **PINK PANTHER**

*~pink, sweet & fluffy~*  
lemonade & raspberry,  
creamed

### **RASPBERRY RIPPLE**

*~red goes fastest~*  
sprite, grenadine power

### **BLUE MEANIE**

*~your tongue will turn blue~*  
blue lemonade

### **TRAFFIC LIGHT**

*~the only one on the island~*  
orange juice, racing stripes

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