



# Kids in Paradise!

Welcome to The Rarotongan's presentation  
about awesome island beach family holidays!



The Cook Islands' signature beach resort experience

# The Rarotongan Beach Resort & Lagoonarium



The Rarotongan is one of **3 beautiful sister resorts**:

[TheRarotongan.com](http://TheRarotongan.com)

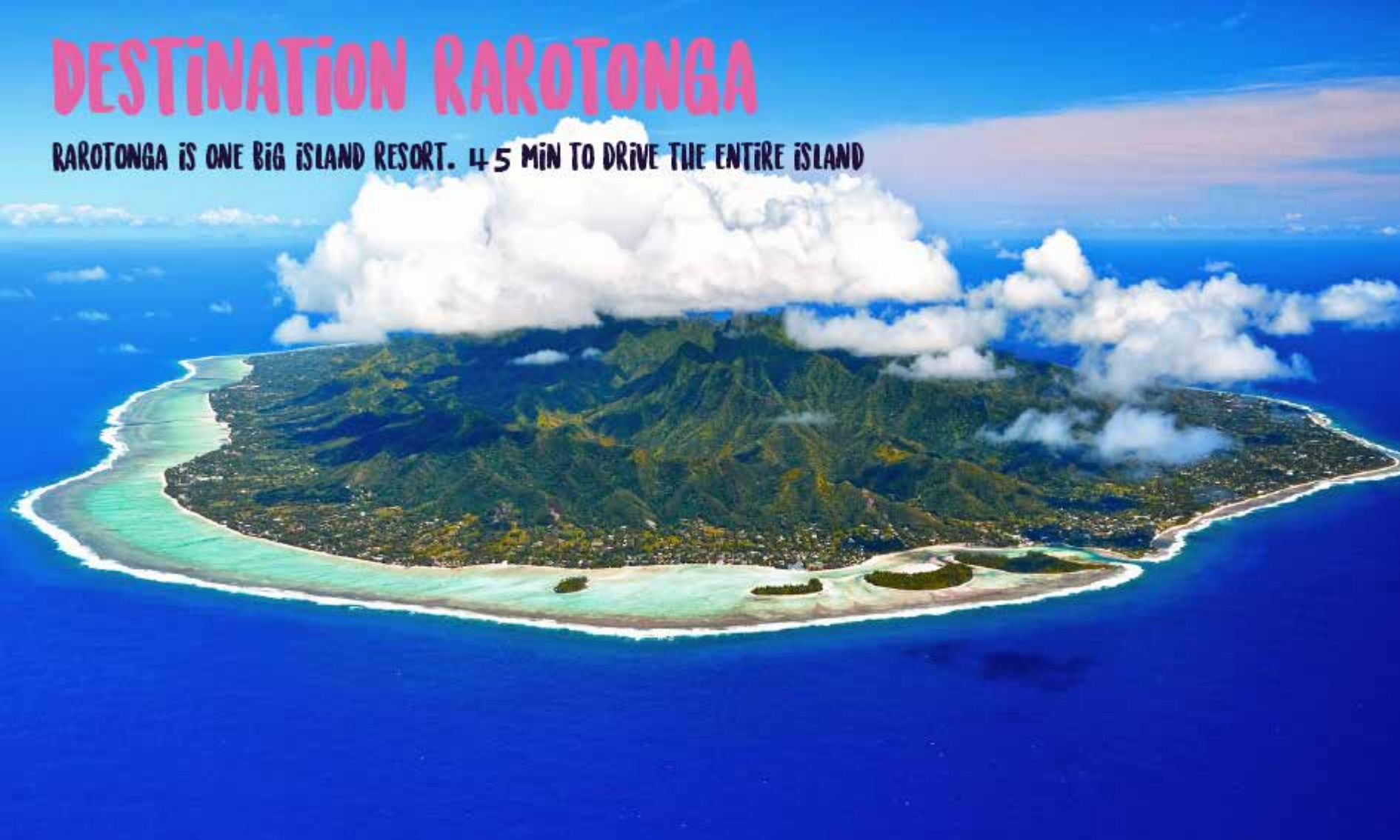
[SanctuaryRarotonga.com](http://SanctuaryRarotonga.com) (adults-only)

[AitutakiLagoonResort.com](http://AitutakiLagoonResort.com) (adults-only)



# DESTINATION RAROTONGA

RAROTONGA IS ONE BIG ISLAND RESORT. 45 MIN TO DRIVE THE ENTIRE ISLAND



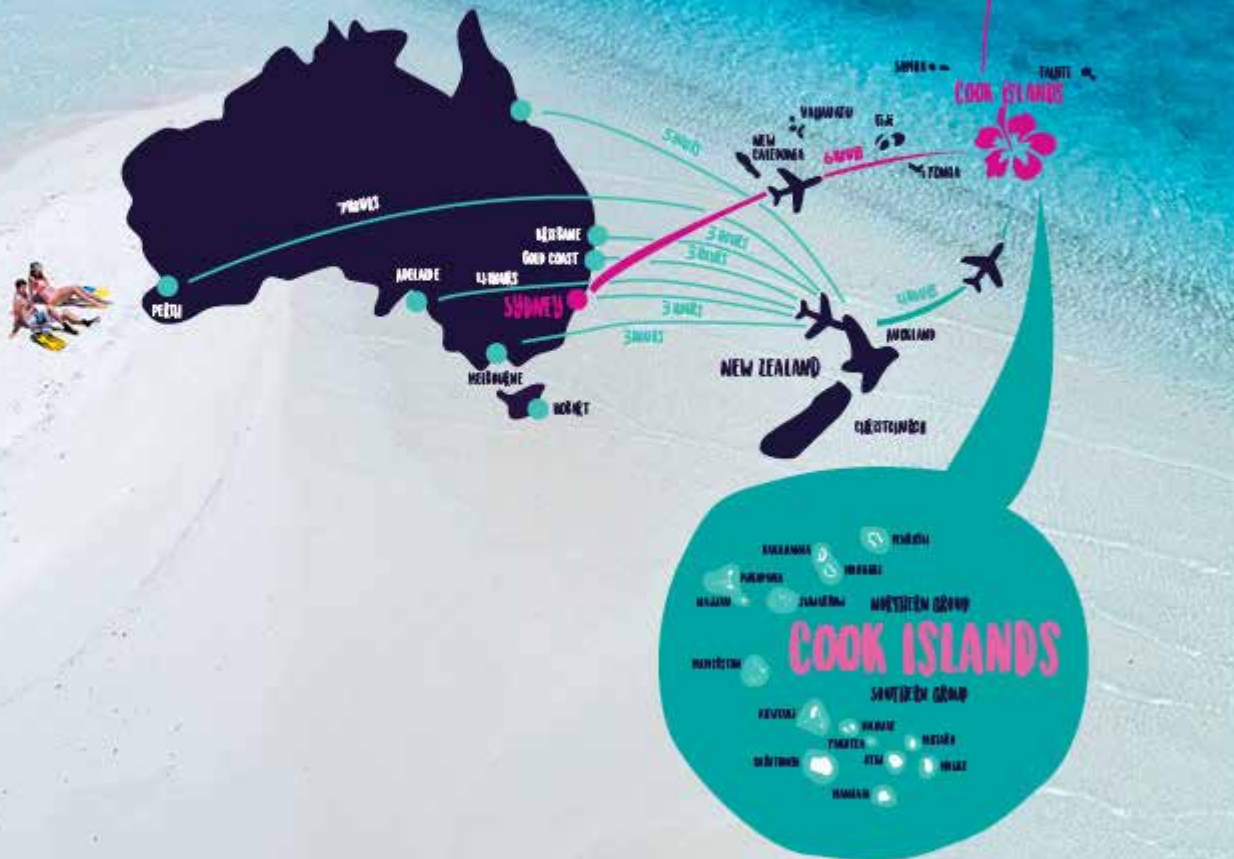


AIR NEW ZEALAND



HAWAIIAN  
AIRLINES.

Air Rarotonga



15 Islands that  
make up the  
Cook Islands

2.2 sqr. million  
kms in the  
Pacific ocean.



# Raro – One Big Boutique Island Resort



- **Raro is only 45minutes around.**  
A wealth of family-friendly tours just minutes away!
- **Raro Mountain Safari Tour**
- **Swim with the Turtles Tours**
- **Lagoon Cruises** – off-boat snorkelling & Beach BBQ Lunch
- **100+ eateries** from roadside to 5 star
- **Night Markets & Punanga-nui Saturday Market**
- **Island Dance Shows & Feasting**
- **Amazing acapella hymn singing**  
at Sunday Services in Rarotonga's beautiful coral & limestone churches
- **Humpback Whale Watching** – July to October
- **Raro Reef Sub**
- **Lagoon Intro Dives** – Safe. Sheltered way to ease into scuba diving
- **Storytellers Eco Cycle Tour**

[www.TheRarotongan.com](http://www.TheRarotongan.com)



# The Rarotongan Beach Resort & Lagoonarium

[www.TheRarotongan.com](http://www.TheRarotongan.com)



Kia Orana! A warm welcome awaits at The Rarotongan,  
set on Rarotonga's **sunshine southwest coast!**



# Set right on Rarotonga's Aroa Beach & Aroa Lagoonarium



The Rarotongan Beach Resort & Lagoonarium





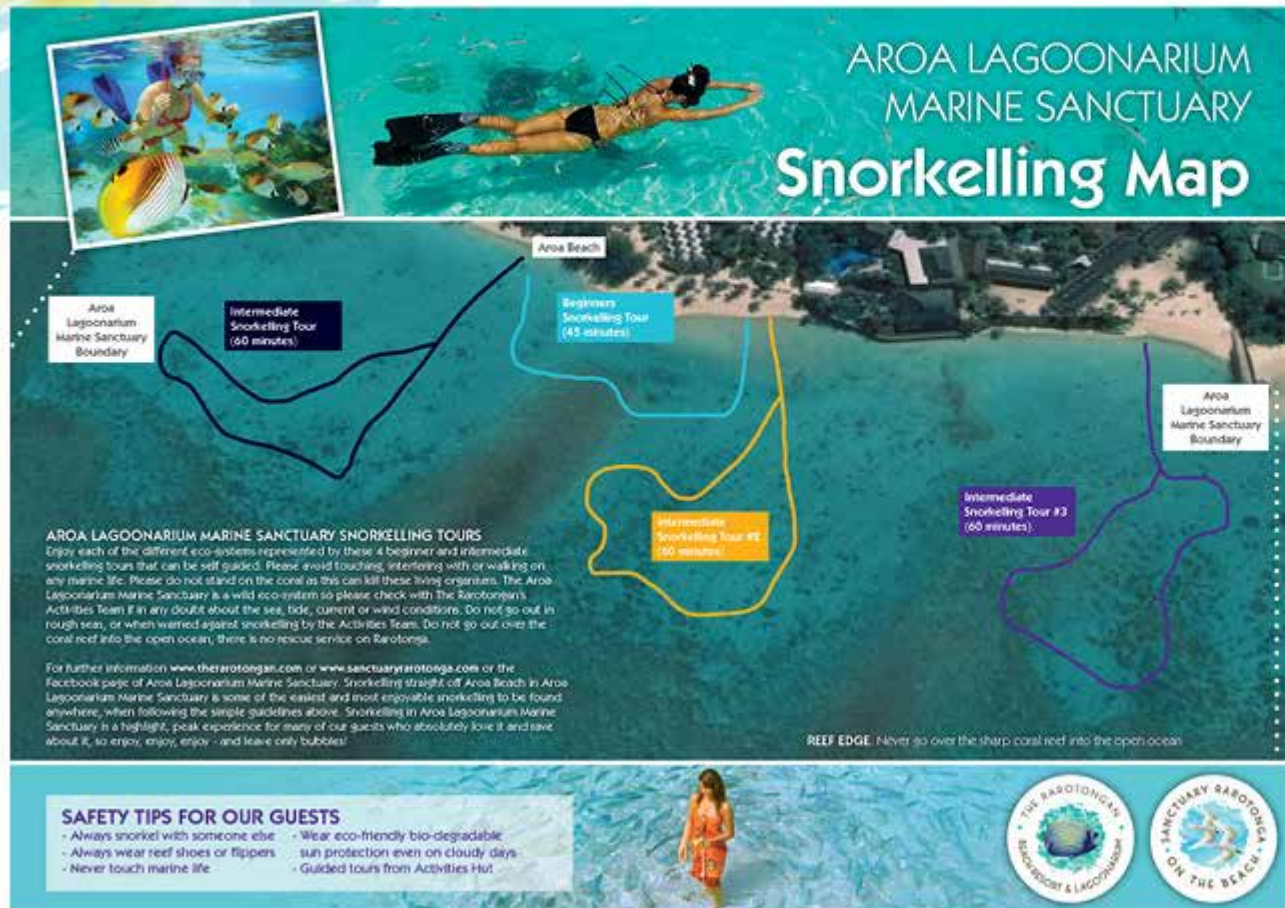
## Aroa Lagoonarium!

Experience The Rarotongan's  
**Aroa Lagoonarium** directly off  
the white sands of Aroa Beach!

**All-tide snorkelling**, SUP, kayaking.



# Snorkelling in Aroa Lagoonarium – Map



- **Explore Aroa Lagoonarium** through 4 Awesome Easy Self-Guided Tours!
- **Secluded Lagoonarium** protected from the open Pacific Ocean by a natural coral reef.
- **Get up close & personal** with a huge variety of friendly reef fish, rays, turtles, moray eels, octopus & more!

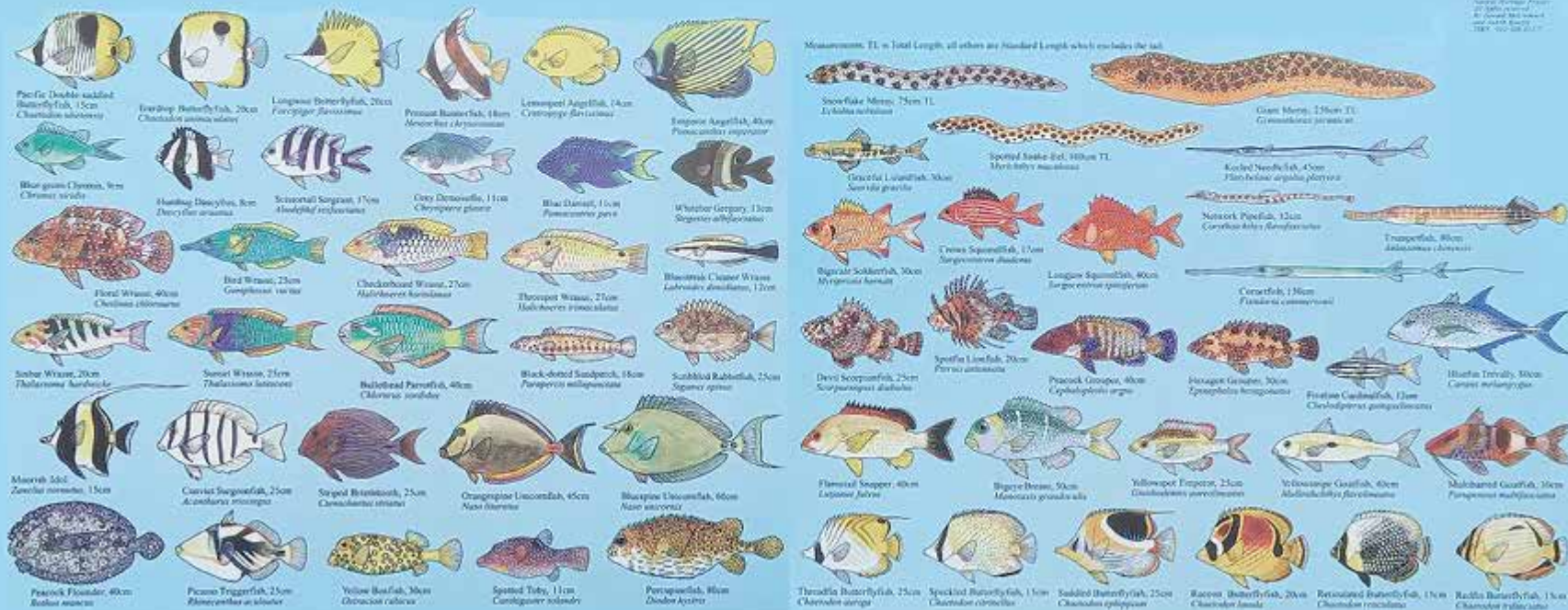


# Which Friendly Reef Fish is Which?

## Cook Islands Lagoon and Reef Fishes



COOK ISLANDS  
NATURAL HERITAGE  
SOCIETY  
P.O. Box 1000  
Nassau, New Providence  
Bahamas  
Tel: 1-242-333-1000  
Fax: 1-242-333-1001  
Email: info@cookislandsociety.org



# Rarotonga's Signature Resort



## What's Special About The Rarotongan? [www.TheRarotongan.com](http://www.TheRarotongan.com)

- **Aroa Lagoonarium Marine Sanctuary** – off-beach, **all-tide**, sheltered, offering:
- **Rarotonga's best snorkelling**, SUP, kayaking – all **FREE** to guests
- **Aroa Beach** – prime, secluded white sands
- **Southwest Coast** for all-day sun & sizzling sunsets. Away from busy hotel strip
- **Next door to adults-only Sanctuary Rarotonga** – on the beach, sister resort



# Do You Ever Need to Leave?



- **Everything's right here** for a fantastic tropical island beach holiday!
- **Ideal for families & family groups of all sizes**, groups of friends, couples and special interest groups.
- **Right next door** to beautiful adults-only sister resort, **Sanctuary Rarotonga**.



# Family Fun!



Daily Fish Feeding at The Rarotongan

## Rarotonga's Best Family-Friendly Beach Resort

- **The Rarotongan is regularly voted a Top 10 Family Resort** by readers of Holidays with Kids magazine!
- **Kids & Teens Stay & Play FREE! to age 16!**
- **FREE Moko Kids Club** – open year-round for 4-11yrs, Mon-Sat, 9am-noon, 2-5pm, 7-9pm
- **Extensive FREE activities** – fish feeding/snorkelling, kayaking/SUP in Aroa Lagoonarium, swimming pool, try scuba, learn to dance the 'ura (hula), play the ukarere (ukulele) & island log drums, make a fresh flower 'ei (lei), husk a coconut, blow a conch shell, crab racing, games room, gym, tennis
- **Family-friendly Captain Andy's Beach Bar & Grill**  
– all-day dining Kids Gone Troppo Menu, Family Dine Time, highchairs

[www.TheRarotongan.com](http://www.TheRarotongan.com)



# Kids Play Free @ Moko Kids Club!



Moko Kids Club at The Rarotongan



## Create Some Time & Space for Just the 2 of You!

- **FREE** for kids aged 4-11 years.  
Under 4 year old guests can also Play Free when supervised by parent or caregiver.
- **Open year round**, Monday to Saturday, 9am-noon, 2-5pm, 7-9pm
- **Packed with toys, games & crafts**
- **Near to Little Dolphin's Mini Waterpark**
- **Near to Swimming Pool & Activities Hut**

[www.TheRarotongan.com](http://www.TheRarotongan.com)



# Super Family-Friendly!



Sheltered Aroa Lagoon – perfect for kids!



## The Perfect Carefree Family Beach Holiday!

- **Just the right size** – 110 rooms/suites/bungalow/villas
- **2adults+2children/teens to age 16 STAY FREE!**  
in most standard rooms
- **Standard Rooms include Beachside Rooms,**  
absolute Beachfront Rooms  
Deluxe Beachside Suites  
Deluxe Beachfront Suites
- **Family-friendly** – all rooms offer microwave, fridge,  
tea/coffee making, air-con, FREE cot/baby bath on request
- **Convenience & Peace of Mind** –  
24/7 Gift Shop for last-minute essentials  
24/7 Reception  
24/7 Hour Security

[www.TheRarotongan.com](http://www.TheRarotongan.com)



# Want Snacking Flexibility?



2-Bedroom Beachside Interconnecting Family Suite



24/7 Gift Shop

## Easy on-site Snacking & Dining Options!

- **All rooms have microwaves, tea & coffee making, fridge**
- **Category with a Kitchenette** – 2 Bedroom Family Suites
- **Categories with Kitchens** – 2-Bedroom Beachside Suites, Grand Beachfront Suites, 2-Bedroom Grand Beachfront Suites, 3-Bedroom Private Pool Villas Onemaru & Lime Blossom
- **24/7 Gift Shop to stave off the munchies**
- **All-day dining at The Rarotongan's Captain Andy's Beach Bar & Grill**
- Kavera Central store just across the road and Wigmore's Superstore just a 10 minute drive for **Groceries**

[www.TheRarotongan.com](http://www.TheRarotongan.com)



# Wide Range of Options to Suit All Styles & Budgets



Beachside Room



3-Bedroom Private Pool Villa Lime Blossom

## Something For Every Family!

- **Beachside Room** – great-value option
- **NEW! MULTI-BEDROOM OPTIONS!**  
**2, 3 & 4-Bedroom Beachside & Beachfront Interconnecting Family Suites**  
Separate bedrooms, bathrooms AND TVs!
- **Self-catering Suites & Villas w/Kitchen** –  
**Grand Beachfront Suite** – full kitchen, dining & sitting room  
**2-Bedroom Grand Beachfront Suite**  
**2-Bedroom Beachside Suite**  
**3-Bedroom Private Pool Villas**
- **3-Bedroom Private Pool Villas Onemaru & Lime Blossom.**  
Everything and a big swimming pool!
- Hop onto **[www.TheRarotongan.com](http://www.TheRarotongan.com)** and click on **STAY** for **detailed information, images, floor plans & virtual tours**

**[www.TheRarotongan.com](http://www.TheRarotongan.com)**



# Perfect for Your Family or Family Group!



2-Bedroom Beachfront Interconnecting Family Suite



3-Bedroom Private Pool Villa Onemaru

**Spoilt for Choice! Rarotonga's most extensive range of room, suite, bungalow & villa options**

- **Ideal for family groups or groups of friends of all sizes.**  
Bring along Nana & Grandpa, Auntie & Uncle, your BFF, the neighbours or the cuzzies!
- **Perfect for Reunions of Families & Friends** – extensive accommodation options at wide range of price points, FREE activities, all-day waterfront restaurant, Captain Andy's
- **Nana & Grandpa/Auntie & Uncle** have the option of staying right next door at **adults-only, Sanctuary Rarotonga**
- **Captain Andy's** – the perfect place to invite all the family & friends staying elsewhere around the island for celebrations or just to catch up!

[www.TheRarotongan.com](http://www.TheRarotongan.com)



## WHICH ROOM IS RIGHT FOR ME?

- All rooms have microwave/fridge/tea & coffee making facilities
- **Categories with Kitchen:** 3Bedroom Private Pool Villas Onemaru + Lime Blossom, Grand Beachfront Suite, 2Bedroom Beachside Suite
- **Category with Kitchenette:** 2Bedroom Family Suite
- **Categories with Pool:** 3Bedroom Private Pool Villas Onemaru + Lime Blossom, Honeymoon Pool & Spa Bungalow
- **Categories with Open-Air Shower:** 3Bedroom Private Pool Villas Onemaru + Lime Blossom, Honeymoon Pool & Spa Bungalow, Grand Beachfront Suite, Deluxe Beachfront Suite, Deluxe Beachside Suite
- **Categories with Spa Bath:** 3Bedroom Private Pool Villas Lime Blossom + Onemaru, Honeymoon Pool & Spa Bungalow

### 1, 2 or 3ADULTS?

- 3Bedroom Private Pool Villa Lime Blossom
- 3Bedroom Private Pool Villa Onemaru
- Grand Beachfront Suite
- Honeymoon Pool & Spa Bungalow
- Deluxe Beachfront Suite
- Deluxe Beachside Suite
- Beachfront Room
- Beachside Room

### 2ADULTS + 2CHILDREN/TEENS?

- Grand Beachfront Suite
- 2Bedroom Beachside Suite
- Deluxe Beachfront Suite
- Deluxe Beachside Suite
- Beachfront Room
- Beachside Room
- 2Bedroom Family Suite

### 2ADULTS + 4CHILDREN/TEENS?

- 3Bedroom Private Pool Villa Lime Blossom
- 3Bedroom Private Pool Villa Onemaru
- Grand Beachfront Suite
- 2Bedroom Beachside Suite
- 2Bedroom Beachfront Interconnecting Family Suite
- 2Bedroom Beachside Interconnecting Family Suite

### 2ADULTS + 6CHILDREN/TEENS?

- 3Bedroom Private Pool Villa Lime Blossom
- 3Bedroom Private Pool Villa Onemaru
- 3Bedroom Beachfront Interconnecting Family Suite
- 3Bedroom Beachside Interconnecting Family Suite

### 4ADULTS + 4CHILDREN/TEENS?

- 3Bedroom Private Pool Villa Lime Blossom
- 3Bedroom Private Pool Villa Onemaru
- 3Bedroom Beachfront Interconnecting Family Suite
- 3Bedroom Beachside Interconnecting Family Suite

### 4ADULTS + 6CHILDREN/TEENS?

- 3Bedroom Private Pool Villa Onemaru
- 4Bedroom Beachfront Interconnecting Family Suite
- 4Bedroom Beachside Interconnecting Family Suite



# Captain Andy's Beach Bar & Grill



Captain Andy's famous Raro Burger



Captain Andy's Beach Bar & Grill

## Easy Family Dining Options!

- **All-day Dining** beside the pool or on lagoon deck
- **Delicious Kids Gone Troppo Menu**, see it on [www.TheRarotongan.com](http://www.TheRarotongan.com)
- **Kids gluten-free**, vegetarian & vegan options
- **Hassle-free Family Dine Time** 5-6pm daily. Kids receive a **FREE ice cream!**
- **You Catch We Cook** your Big Game Fish catch
- **High chairs**
- **Late night flight? 24/7 Gift Shop** offers snacks

[www.TheRarotongan.com](http://www.TheRarotongan.com)



# Why Book Direct?



Enjoy a Rarotongan Family Holiday!



- **BEST RATE GUARANTEED.** Book directly on our resort website 24/7 **[www.TheRarotongan.com](http://www.TheRarotongan.com)** and get the best rate for your holiday stay.
- **CHECK UP TO THE MINUTE AVAILABILITY?** Click on the **BOOK NOW** pop-up to use the current **PROMO CODE** for best deal and check your travel dates & room category.
- **BEST TERMS GUARANTEED.** Book directly on our website to access the **best-available terms or choice of terms to suit you.**
- **NEED TO CHANGE YOUR DATES?** Booked your flights and now need to change your arrival/departure dates? Easily do that online with us.
- **BOOK WITH CONFIDENCE.** Enjoy the confidence of dealing directly with the people you'll be staying with.  
**Ka kite (see you) in Raro!**

**[www.TheRarotongan.com](http://www.TheRarotongan.com)**



# Need More Info?



Sunset views from The Rarotongan's Lagoon Deck

## We're Here to Help

- Our website **[www.TheRarotongan.com](http://www.TheRarotongan.com)** has a wealth of information 24/7, including
- Resort Compendium
- FAQs
- Menus



# Want To Get In Touch?



**We know everything there is to know about our resort. Reach out via:**

- **Facebook Messenger**
- **Live Chat on our website**
- **Phone** – (+682) 25 800
- **Freephone** – NZ 0800 727 686, AU 1800 272 768, US (833) 801 3162, UK 0800 710 1505
- **Email** – [info@rarotongan.co.ck](mailto:info@rarotongan.co.ck) or [info@therarotongan.com](mailto:info@therarotongan.com)

**[www.TheRarotongan.com](http://www.TheRarotongan.com)**





## Get Up Close & Personal With Local Island Life

**Why not expand your enjoyment of Rarotonga by exploring the island on foot?**

The island offers everything from an easy stroll to a nearby café right through to challenging climbs for the experienced hiker. Explore the island's ancient back road on foot to really get up close & personal with real island life where you'll see local homes alongside a variety of tropical plantations and an assortment of goats, pigs and chickens. Few islands anywhere offer such a wonderful and easy way to get in amongst it. Enjoy!





## Edgewater

The Rarotongan Beach  
Resort & Lagoonarium

 **Vaima Restaurant**

Moana Sands Little Polynesian Resort

Visitors to Rarotonga are completely **spoilt for choice for eateries** of all styles all around the island. Feel free to explore as far afield as the mood takes you!



[www.TheRarotongan.com](http://www.TheRarotongan.com)

# The Rarotongan's Walking Maps

## Short walk around the Aroa District

EASIEST

1.5 KM

A short, easy walk or jog around the local district passing local homesteads, plantations, the island's telecommunications centre, ancient taro patches etc.



## SHORT WALK

The perfect easy stroll around the neighbourhood. A great way to get a glimpse of what island life is like on either side of the ancient interior road, the **Ara Metua, or Great Road of Chief Toi.**



[www.TheRarotongan.com](http://www.TheRarotongan.com)

# The Rarotongan's Walking Maps



## LONG WALK OR JOG

This walk's an ideal way to explore Rarotonga on foot with a young family. You get to enjoy two completely different parts of Rarotonga; the beaches of the Southwest coast, then onto the inland road where you can view country-style island life complete with pawpaw, banana and arrowroot (maniotā) plantations and goats, pigs and chickens. Also called the **Great Road of Chief Toi**, this ancient interior road is believed to have been built by shipwrecked Spanish sailors around 1050 AD.



# The Rarotongan's Walking Maps



## RAEMARU MOUNTAIN HIKE

Considered **Rarotonga's easiest mountain trek**, climb 357 metres above sea level to enjoy panoramic views of Rarotonga's majestic mountains and turquoise blue lagoons.

According to local legend, the now-table-top mountain used to be called Maru, but its high peak was sliced off in the night by warriors from nearby Aitutaki, who stole it and took it back to their previously-flat atoll where it became the hill called Maunga Pu. Allow around 3-4 hours.



[www.TheRarotongan.com](http://www.TheRarotongan.com)

# The Rarotongan's Walking Maps

## Cross Island Walk

ADVANCED

8.5 KM

The Rarotongan Beach Resort & Lagoonarium  
Sanctuary Rarotonga  
- on the beach

..... Cross Island Walk  
—— Clockwise Bus

Take the Clockwise Bus from the Resort to the Avatiu Port and commence the Cross Island Walk up to The Needle and returning on the beach or on the main road. You will need to be of reasonable fitness and outdoor adventure experience.

Enjoy the spectacular views as you pass through the rainforest, feishing up with a swim at the waterfall and a stroll on the beach.

## CROSS ISLAND TREK

The 7km **Cross Island Walk** is famous for the incredible views it offers as you hike through lush rainforest, up steep inclines, and along 'stairs' formed by tree roots. You may even get to meet one of Rarotonga's high-living, handsome wild jungle fowls as you make your way along the trek and up to the island's iconic Te Rua Manga peak, also called The Needle, a 413m high volcanic plug at the island's centre, from where you can marvel at panoramic views right out to the vast South Pacific Ocean. Allow around 4-5 hours for the full trek, which is generally described as challenging. You can also go on a **guided Cross Island Trek**, where guides share their local knowledge of medicinal and other plants used by the ancients, such as the famous "shampoo plant", and fascinating island myths, legends and history to really enrich your hiking experience.



# The Rarotongan's Walking Maps

## The Needle View & Secret Waterfall Hike

INTERMEDIATE

3.6KM

The volcanic plug "The Needle" is one of Rarotonga's most prominent land marks. The Cross Island Walk traverses the island and passes by the base of "The Needle". This hike will take you to a clearing in the rain forest that is directly opposite "The Needle" providing a great direct view of it. Take a walk along the beach and then through the taro swamps that have been cultivated for centuries and then up through the road to the Water Intake passing small farms and occasional homesteads until you get to the track off the road to the right which will take you up to the ridge line. You will find a track to the left to the Secret Waterfall. On your return trip you will travel on the ancient inland road the "Ara Metua" that was built over a thousand years ago and pass by farms, orchards and homes of the local people.

Secret Waterfall  
Water Intake  
Needle View

The Rarotongan Beach  
Resort & Lagoonarium  
Sanctuary Rarotonga  
- on the beach



## THE NEEDLE VIEW & SECRET WATERFALL HIKE

**Te Rua Manga**, also called The Needle, is the island's most prominent landmark, and climbing it is often considered to be in the Top 10 Things to Do on Rarotonga for the fit and intrepid. Best for adventurous older families who are up for a challenge. The reward is jaw-dropping mountain and lagoon views, and an incredible sense of achievement.

[www.TheRarotongan.com](http://www.TheRarotongan.com)



# KIA MANUIA!



[TheRarotongan.com](http://TheRarotongan.com)



[AitutakiLagoonResort.com](http://AitutakiLagoonResort.com)



[SanctuaryRarotonga.com](http://SanctuaryRarotonga.com)

**The Cook Islands' 3 Beautiful Sister Resorts**

