



**Face and Body Hair Waxing**

Face: upper lip:	15€
Eyebrows (tweezers or wax):	20€
Half leg:	25€
Full leg:	35€
Underarms:	15€
Bikinizone:	25€
Bikinizone full:	30€
Back:	35€
Chest:	25€
Full body:	115€
Pedicure/Manicure:	45€

**Make UP**

Nail polish application (hands/feet each):	12€
Special hands & feet beauty care (each):	25€
Day / Night Make UP:	25€
Brow or Eyebrow dye:	30€
Permanent nail polish:	80€



**Various massages**

**Massage Jardins du Nil**

**75€/60 Min.**

A combination of gentle and powerful massage grips, to relieve tension in stressed areas for example back and/or shoulders. A massage to feel well and relax.

**Targeted partial body massage**

**45€/30 Min.**

Desired areas of the body get massaged targetly ( face, salp, back, shoulders, legs.....)

**Specific Massages**

**80€/60Min.**

**95€/75Min.**

Hot Stone, Shiatsu, Ayurveda Garshan & Abhyanga, Aroma Oil Massage.

**Lymphatic Massage**

**110€/60Min.**

Lymphatic system stimulation; helps blood circulation and promotes detoxification.





### **Balneotherapy**

#### **Hydrojet massage**

**30€/20Min.**

Our Hydrojet treatment will procure you an intense feeling of relaxation in only 20 minutes. Rest almost weightless on a heated waterbed and be massaged by high tech innovation.

#### **Mineral body envelopement & Hydrojet**

**55€/30 Min.**

On a heated massage mattress detoxifying seaweed mud treatment. You'll notice a difference at your figure after the first treatment.

#### **Massage bath & Chromotherapie**

**40€/20Min.**

A personalized program, to make the best of this spacious bathtub with luminotherapy. Instant muscle relief and visible improvement on your skin.

**Vichy (affusion) shower**

**30€/20Min.**

**with essential oil blend massage**

**45€/20Min.**

A light waterfall-like shower on a massage mat. This treatment appeases muscle pains as well as anxiety. A very soothing application . We recommend the application with an aroma oil massage for deep relaxing.

**Exfoliating treatment & massage under affusion shower**

**75€/45 Min.**

Exfoliation mineral tratment followed by a massage with Karité butter. All this under pleasantly 38\* "waterfall".

**Aqua gym**

**15€/20 Min. session ( 2 to 5 participants)**



Our **"HAPPY DAY"** option

include free access to our Wellness Spa

( Swimming Pool, Jacuzzi, Hammam, Sauna, Relaxation Space, Fitness ...)

Available all year long from Monday to Saturday

**Soft pleasures "Les Jardins du Nil"**

**99€**

- 2 Balneotherapy treatments
- 1 30 Min. Massage with warm essential oils
- 1 Soft drink or cocktail in our bar



*Initiate Weight – Loss and recover long-term balance*

*Drain & eliminate Toxins*

*Guaranteed invigorating effect*

*Relax your mind and body*

*Take care of your beauty*

**Full body treatments for Her & Him by Phytomer**

**SCULPT ZONE Target Treatment for Abs-Buttocks-Thighs**

**80€/60 Min.**

An intensive localized treatment on the Abdomen-Buttocks-Thighs area to beat your excess fat and cellulite in record time. With an express treatment or intensive program, you get radical slimming results. More than 1 cm less in waist circumference in only 4 treatments\* . \* Centimeter measurements taken on 19 women who received 4 treatments in 2 weeks. Average values obtained.

**OLIGOMER® SILHOUETTE Refining Remodeling Marine Body Treatment**

**95€/75 Min.**

Balneotherapy with OLIGOMER® and slimming ingredients, coupled with a massage focusing on the areas prone to cellulite (stomach, hips, legs, back and arms), to give you an overall contouring result: Firmer, smoother skin and a visibly trimmer figure.





**OBJECTIF FERMETE Firming Body Wrap**

**65€/50 Min.**

A highly active gel wrap is applied and then massaged in order to firm the skin, tighten tissues and combat skin slackening. Your body is firmed and toned.

**OLIGOMER® PURE - Invigorating Treatment**

**68€/60 Min.**

Relax in a jetted, balneotherapy bath rich in remineralizing marine ingredients followed by a fully-body massage for an ultimate invigorating effect. It's the perfect treatment to unwind and recharge the body with energy.

**VOILE DE SATIN Salt Crystal Exfoliation**

**45€/40 Min.**

An exfoliation with sea salt crystals combined with a relaxing body massage for an express beauty treatment that leaves your skin soft and silky.

**DETOX BACK MASSAGE Cool-Down Treatment**

**49€/40 Min.**

An ultra-relaxing and unwinding massage of the back and scalp combined with detoxifying marine products.

**LEG REVIVAL Leg Soothing Treatment**

**40€/35 Min.**

A targeted treatment to comfort and relieve tired legs, as well as visibly enhance their appearance.



**Facial treatments for women & men by Phytomer**

**Douceur Marine – soothing comfort care**

**95€/75 Min.**

is a soothing special care for sensitive - redness-prone skin. This care makes the skin soft and improved their defense mechanism for a soothing and supplied with moisture skin. It makes disappear redness and eases the sensation of heat.

**Souffle Marin - targeted care against ecological damage**

**85€/75Min.**

Detoxification treatment for shiny skin and dull complexion  
Your skin is supplied with oxygen and thereby clarified and detoxifies to reproduce its luminosity to the face.

**Peau neuve au masculin – facial Care for Him**

**79€/75Min.**

The cleaning products and skin care creams from the PHYTOMER HOMME range are used to supply the needs of men's skin in the best way. The treatment moisturises the skin, reduces wrinkles and soothes the skin.

