

## S Emma SIGNATURE TREATMENTS

### ABSOLUTE BLISS TREATMENT 120 minutes | 2,300,000 pevonia

The ultimate spa experience to pamper your senses. A tropical salt mousse soothes and mineralizes skin, and a rejuvenating body massage not only calms the nervous system but also delivers deep skin nourishment. A white lotus organic facial concludes the pampering experience for a radiant youthful skin.

### RADIANT BEAUTY 90 minutes | 1,800,000 pevonia

Body and face rejuvenation in a blitz! Enjoy an energizing body massage with the benefits of key essential oils to ease muscle tension and nourish the skin. Followed by an express rejuvenating facial leaving your skin healthy, radiant and smooth.

### ISLAND GIFT 90 minutes | 1,800,000 pevonia

A truly rejuvenating body scrub treatment to perfectly smooth, soften and renew the skin. Followed by an energizing face, scalp and body massage ritual to stimulate the senses, de-stress and relieve fatigue.

## SIGNATURE RITUALS

### DEWI SRI RITUAL 120 minutes | 2,100,000

Rice is the source of life to the Balinese and Dewi Sri is the beloved Rice Goddess of Bali. Rice is the source of energy and nourishment, and the Dewi Sri ritual warms and nourishes the body with tropical spices such as cinnamon, ginger and nutmeg. This therapeutic treatment uses wet and dry heat, or thermotherapy and heated lava stones to improve circulation of blood to the skin and relieve your body of aches and pains. The Dewi Sri Ritual experience begins with a Scented Paddy Water Ritual, followed by a Balinese Black Rice Scrub and Lotus Seed & Herb Steam Wrap. A Cinnamon & Orange Body Wash to cleanse and to conclude, a Hot Stone Massage to soothe muscle and joint pain.

### SACRED FLOWER RITUAL 120 minutes | 2,100,000

The Sacred Flower Ritual harnesses the healing power of Bali's most treasured flowers; magnolia, tuberose and frangipani. This soothing and calming treatment uses a combination of gentle stretches, a deep tissue massage and floral essences to stimulate the flow of the blood and oxygen throughout the body, bringing a feeling of calm and wellness. The Sacred Flower experience begins with a spiritually cleansing Scented Water Ritual, followed by a Sacred Flower Body Wash and Fresh Flower Scrub to soothe the skin. To conclude, a rich and moisturizing Flower Steam Wrap, followed by a deeply soothing and indulgent Sacred Flower Massage.

### OCEANIC RITUAL 120 minutes | 2,100,000

Just like the ocean, this detoxifying and clarifying experience features continuous, flowing strokes, encouraging you to surrender to the nurturing touch. The Oceanic experience begins with meditative Sea Water Ritual and is followed by an invigorating Seaweed Body Wash, Oceanic Body Scrub, and a detoxifying Blue Water Wrap. The experience concludes with an Oceanic Massage where hot and cold glass stones gently glide on the body and are used to stimulate the nervous system, aiding in the body's detoxifying process.

## FACIAL TREATMENTS

### WHITE LOTUS ORGANIC FACIAL 60 minutes | 1,300,000 pevonia

Pure organic aromatherapy elixirs & botanical formulations from Pevonia Botanica purify, balance & renew the skin. Improves your skin naturally and restores normal, balanced moisture levels. Leaving your skin radiant, softer and hydrated.

All prices are in Indonesian Rupiah and are subject to 21% government tax & service charge

## AGELESS FACIAL MASSAGE

60 minutes | 1,500,000



This therapeutic facial massage with warmed glass stones helps to release stress-induced toxins and restore the skin to its natural balance. It also relieves headache and sinus congestion.

## SIGNATURE MASSAGES

### HERBAL MASSAGE

90 minutes | 1,600,000

A hot herbal compress is pressed over the entire body to soothe muscles and stimulate the vital organs and senses. The compress is ideal for relief from general muscular aches, pains and tensions, improving and stimulating the lymphatic system and increasing blood flow and circulation. This treatment begins with a foot bath then an aromatherapy massage, complete with herbal steam compress.

### SILKY SKIN MASSAGE

60 minutes | 1,100,000



Eases muscle tension and wonderfully restores youthful-looking skin, lifting and firming. Rich in squalene, vitamin E, geranium and orange oil to counteract premature aging. Your skin is deeply nourished and rejuvenated during this relaxing body massage.

### SACRED FLOWER MASSAGE

75 minutes | 1,100,000

A soothing and calming massage that combines gentle stretches, a deep tissue massage and floral essence to stimulate the flow of blood and oxygen throughout the body, bringing a feeling of calm and wellness. An excellent stress reliever.

### HOT STONE MASSAGE

75 minutes | 1,100,000

This thermo therapeutic massage works deeply to soothe damaged tissue and relieve strained muscles and joint pain. Heat inducing spices such as ginger, nutmeg and cinnamon are used to warm the body. Smooth water heated lava stones are carefully applied to key energy points of the body. This direct heat relaxes muscles, boosts blood circulation & reduces stress.

### OCEANIC MASSAGE

75 minutes | 1,100,000

A detoxifying massage that works gently yet deeply into the muscles with continuous, flowing strokes to release and shift tensions. Hot and Cold Glass Stones are applied on various pressure points to stimulate the nervous system, blood and lymph flow, for better toxin elimination. Recommended for jet-lag or a general feeling of lethargy or fatigue.

### LOVING HANDS MASSAGE

60 minutes | 1,000,000

A massage that uses a combination of techniques to restore energy and soothe the body. The massage works gently yet deeply into the muscles with broad, flowing strokes made with the therapist's thumbs, palms, arms and elbows

### THE EDGE MASSAGE

60 minutes | 900,000

Using traditional Balinese healing massage techniques to work deeply into your muscle tissue with strong and firm strokes.

### FOOT RELEXOLOGY

60 minutes | 900,000

Traditionally from China, this thumb pressure technique stimulates the reflex points in the feet.