

# SPA

A decorative flourish consisting of symmetrical, flowing lines that curve upwards and outwards, ending in small, teardrop-shaped motifs. The flourish is rendered in a dark blue color.

AT FAIRLAWNS





RELAX. REJUVENATE. RESTORE.

A photograph of a serene garden path. The path is made of flat, rectangular stone slabs set in a bed of small, light-colored pebbles. The path is flanked by dense bamboo groves with tall, thin stalks and lush green leaves. In the background, a traditional-style building with a tiled roof is partially visible through the foliage. The overall atmosphere is peaceful and natural.

AN OASIS OF  
RELAXATION

SPA  
AT FAIRLAWNS



## SPA AT FAIRLAWNS

Take time out in our elegant, award-winning Balinese style Spa and experience the absolute tranquillity of our relaxing outdoor massage and treatment areas, all while listening to the sounds of nature.

### ***A true haven for wellness and restoration***

Bringing true comfort right to the heart of Morningside, Sandton, **Spa at Fairlawns** combines traditional and modern concepts with luxurious products to create a variety of magnificent treatments. Once you step over our threshold, you'll forget you are right in the middle of a bustling city.

### ***Our Calling***

We strive to provide a unique Balinese spa experience that both nurtures and brings forth each guest's own personal beauty and well-being. Our core essence is to help rejuvenate, relax, and restore your senses, bringing your life back into balance. We always aim to exceed our guest's expectations.

### ***Our Vision***

With our knowledgeable staff, we aim to evolve into a nationally and globally renowned spa experience. We also commit to continuous education and solid business practices in all of the areas of the health and skincare industry. No matter where in the world you visit us from, your mind, body, and spirit will always feel truly at peace when combined with our touch, passion, and commitment.





## SIGNATURE SPA JOURNEYS

### ***Royal Bali Ritual***

Gently treat your body with an energising Balinese Spiced Exfoliation and Body Wrap before enjoying a Full Body Massage of your choice. Then regenerate your skin with a Power Booster Facial and finish off with a grooming Classic Manicure or Pedicure. Choose to start the day with a full English breakfast or rather enjoy a healthy two course lunch with your package.

### ***Romantic Sunset Retreat***

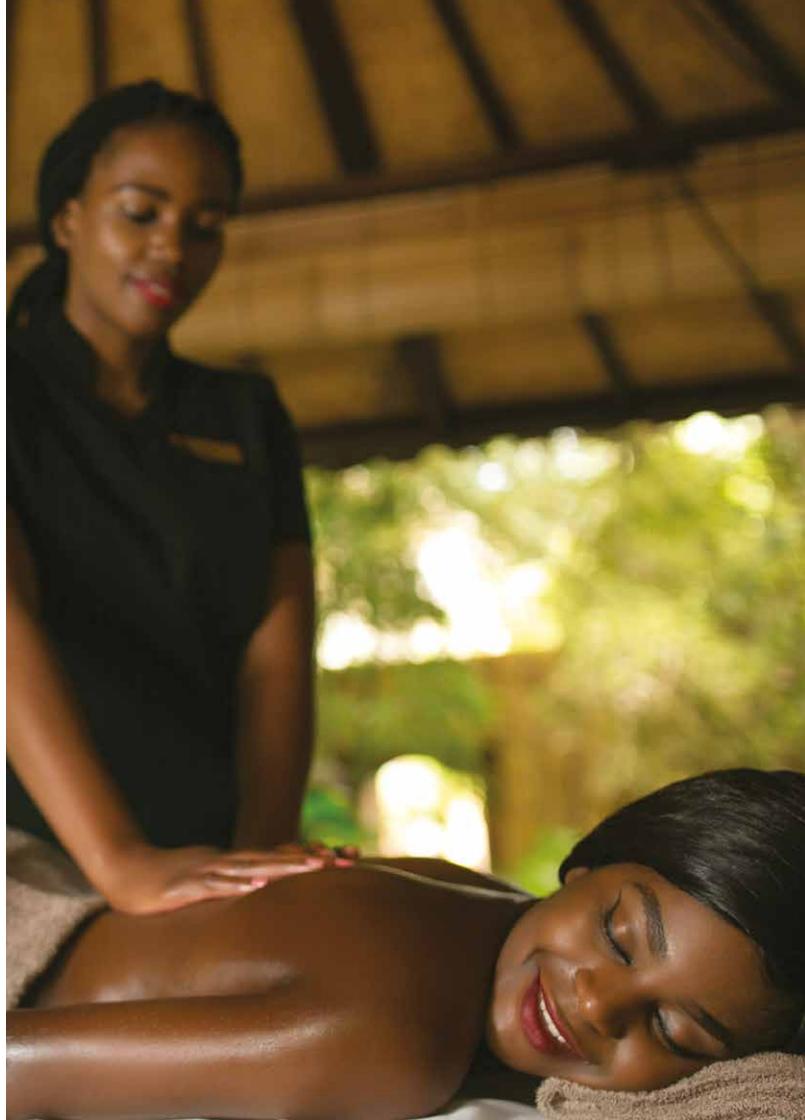
Enjoy a romantic time together starting with a Relaxing Bath Soak in the soft glow of candlelight before your side-by-side Soy Candle Massage, followed by a Pressure Point Foot Massage. You will receive a complementary bottle of sparkling wine to enjoy during your bath, or with your three course fine dining lunch or dinner.

### ***Celebrate Togetherness***

Escape from the hustle and begin a relaxing day with a Continental Breakfast at Amuse-Bouche restaurant before softening your tense muscles in our Aromatic Steam Room. Your journey then continues with a soak in a Relaxing Hydro Bubble Bath, including a bottle of sparkling wine in the Spa Bali Garden. You'll then move on to a side-by-side full body massage of your choice and a classic customised facial. After this you then get to take a break and sit down to a two course lunch before your Indian Head Massage. Finish off your journey with a Classic Manicure and Pedicure.

### ***Harmony Half Day***

Pamper yourself with the essential treatments, starting with a Full Body Massage followed by a Classic Customised Facial. Re-energise your body with a healthy two course lunch, before continuing your relaxation with a Classic Manicure and Classic Pedicure.





### ***De-Stress Time Out***

Start off with an invigorating Full Body Exfoliation, followed by a Full Body Massage of your choice. End off with a choice between a Relaxing Pressure Point Foot Massage or Indian Head Massage.

### ***Body Treat***

An Aromatic Steam followed by a Full Body Rejuvenating Scrub customised Clay Body Wrap, finishing off with a Deep Tissue Full Body Massage.

### ***Tip To Toe Treat***

Rejuvenate and hydrate your skin with a Power Booster Facial followed by a Specialised Soy Candle Massage, ending off with a Luxurious Foot Treat.

### ***Executive Men's Journey***

Enjoy an invigorating Deep Tissue Massage to relieve daily stresses, followed by a Hydrating Men's Facial, and ending with a grooming Manicure.

### ***Sea Water Massage***

Bring the ocean experience to Sandton with our Sea Water Massage, re-mineralising your skin and leaving you completely relaxed.



### ***Spa Escape Weekend Retreat***

Escape the city and reenergise with accommodation and breakfast in a Grand Château suite. Start your Spa journey with a Full Body Balinese Bamboo Massage, soak in a Green Tea hydro bath and relax next to the pool with a foot massage treatment. Unwind in the sauna or steam room and end your journey with a Radiance Booster Facial.

### ***Mystique of Bali***

Mandi Lulur Floral Blossom Bath  
Full Body Spiced Exfoliation  
Pondicherry Foot Ritual

### ***Signature Balinese Body Treatment***

Your treatment begins with our Pondicherry Foot Ritual – a time-honoured welcome for the weary traveller. Your feet and lower legs will be cleansed with rose petal and peppermint water, and then scrubbed with sea salt. Complete your journey with a Balinese Bamboo Massage in our therapeutic Balinese spa garden.

### ***Hydrotherapy Balinese Jet Bath Journeys***

- Mandi Lulur Floral Blossom Bath
- Mandi Susu Hydrating Milk Bath
- Mandi Rempah Spice Bath
- Mandi The Hijau Green Tea Bath
- Mandi Kopi Coffee bath

### ***Treatments for Men***

- Executive Men's Journey
- Men's Power Lift Facial
- Men's Manicure
- Men's Pedicure
- Deep Tissue Massage
- Indian Head Massage





### ***Facial Treatments***

All facial treatments include a professional skin analysis to target any skin concerns you may have. Your therapist will also formulate and recommend a unique skin maintenance plan and homecare system. We only use the most luxurious national and internationally recognised skincare ranges for the best results.

### ***Body Treatments***

For skin that radiates with health and is soft to the touch, you have to try one of our Luxury Body Treatments. Carefully balanced to both deeply cleanse and replenish, our body treatments will restore and add a hydrated silkiness to your skin.

### ***Essentials***

If you're looking for a longer-lasting alternative to shaving, our waxing treatments are just what you need. The process involves the use of strip wax and hard wax to pull and remove hair from the root. Whether you choose Brazilian waxing, body waxing, eyebrow waxing, or upper-lip waxing, you can expect results to last from two to eight weeks. Whereas shaving only removes the surface of the hair, leaving the follicle behind, waxing removes the hair from the root, leaving skin smoother and hairless for much longer. Over time, waxed hair grows back lighter and finer, making the process less painful. Lash and Brow tinting provides a perfectly rounded off finish.





## HANDS AND FEET

**Spa at Fairlawns** offers special treatments to care for the hands, feet, and legs. We use specifically chosen paraffin-infused products, which are massaged into your skin, delivering warm therapy and nutrients vital for healthy skin. All Manicure and Pedicure services include OPI polish or gelish.

### *Massages*

A combination of Swedish, Balinese, Aromatherapy, Lava Stone, Deep Tissue, Soy Candle and many more massage techniques are on offer at Spa at Fairlawns. Catering for both individuals and couples, our therapists will offer consultation advice on the best suitable massage to ensure you leave completely relaxed and rejuvenated. Ask about our outdoor massages for the most peaceful retreat from the buzz of the city.



## GOOD-TO-KNOW BEFORE YOUR TREATMENT:

- A locker with robe and slippers will be provided
- Please arrive at least 15 minutes prior to your treatment. Arriving late could result in you receiving only the remaining treatment time
- 24-hour cancellation notice is required, or a 100% cancellation fee will apply
- Cellular phones MUST be switched off at all times
- Management or staff are not liable for loss or damage to personal property
- All prices include 14% VAT. Prices are subject to change without prior notice
- All meals are served in the Amuse-Bouche restaurant inside the hotel.



With tailor-made corporate spa packages,  
**Spa at Fairlawns** is the ideal environment for groups.

**Spa Gift Cards** available as the perfect gift.

Add a night for two in a luxurious  
Grand Château suite, including a full English breakfast,  
from **only R2 950** per couple  
when booking any of our packages.

All Signature Spa Journeys can be  
altered to suit **mothers to be**.

Only products from leading international cosmeceutical and  
skincare brands are used.

Locally produced product ranges are also available.

## SPA AT FAIRLAWNS

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### *Operating Hours*

Mondays to Fridays: 08h00 – 19h00

Saturdays: 09h00 – 19h00

Sundays and Public Holidays: 09h00 – 17h00

### CONNECT WITH FBH

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