

# GUIDANCE TO STOP THE SPREAD



## Practice Social Distancing

- Keep at least 6 feet between yourself & others.
- Stay home as much as possible - especially if you are feeling ill.
- Do not attend or host large gatherings.
- Avoid using mass transit unless absolutely necessary.



## Wear A Mask At Work & In Public

- Everyone is required to wear a face mask when they are in public settings.
- A face cover is not a substitute for social distancing.
- For advice & proper use of a mask, please refer to the guidance provided by the WHO & CDC.



## Practice Good Hygiene

- Cover your mouth & nose with a tissue or your elbow when coughing or sneezing.
- Avoid touching your face.
- Wash your hands for at least 20 seconds with soap & water.
- Clean your hands with hand sanitizer when soap & water are not readily available.



## What Businesses Can Do To Stop The Spread

- Maintain aggressive cleaning protocols throughout your facility.
- Clean & disinfect high-touch areas routinely in accordance with CDC guidelines.
- Ensure the facility has enough employees to perform the above protocols effectively & in a manner that ensures the safety of customers & employees.
- Ensure that the facility has staff dedicated to controlling access, maintaining order, & enforcing social distancing of at least 6 feet.

**Disinfect Surfaces At Work & Home - Especially When Someone is Ill**

**#PoconosTogether**

